



... knitting patterns



Extra Warm  
Men's Scarf

## Information

### Skill Level

Intermediate (as defined by [yarnstandards.com](http://yarnstandards.com))

### Techniques Required

Basic knitting knowledge and following techniques are expected to do this pattern.

- Two-stranded tubular cast-on for ribbing *OPTIONAL*
- Tubular cast off *OPTIONAL*

### Needles

A set of 4.5mm (US7) needles.

### Notions

- Darning needle if tubular cast off method is used.

### Tension / Gauge

19 sts and 25 rows over 10cm square (tension is not too important for this pattern).

### Yarn

7 balls of Rowan Classic Cashsoft Aran (I have used shade 00007 kale)

### Finished Size

18cm / 7.1" width, 180cm / 71" length



By Kyoko Nakayoshi

# Pattern

CO 45 sts.

I have used two-stranded tubular cast-on method but ordinary cast-on is just as sufficient.

Please see [my tutorial](#) for two-stranded tubular cast-on for more information. N.B. If you have casted-on with two-stranded tubular cast-on, then it is better to cast off using the same tubular technique. Please refer to my [other tutorial](#) to do this.

**Preparation row 1 (RS):** k1, \*p1, k1. Repeat from \* until end.

**Preparation row 2:** sl1, \*k1, p1. Repeat from \* until end.

## Main body

Please refer to **stitch guide** on page 3 for MK.

**Row 1 and every alternate row (RS):** sl1, \*k. Repeat from \* until end.

**Row 2:** sl1, \*MK (see stitch guide). Repeat from \* until the last 2 sts, p2.

**Row 4:** sl1, p1, \*MK. Repeat from \* until the last st, p1.

**Row 6:** sl1, p2, \*MK. Repeat from \* until the last 3 sts, p3.

Repeat these 6 rows until the scarf measures approx. 175 cm ending with WS row.

## Finishing off

**Next row:** sl1, \*p1, k1. Repeat from \* until end.

**Next row:** sl1, \*k1, p1. Repeat from \* until end.

Cast off (either normally or using tubular cast off method depending on how you have casted on).

Tidy the ends.

# Stitch Guide



**Figure 1.** P3tog. Do not remove the sts from the left needle.



**Figure 2.** Yarn over.



**Figure 3.** P3tog again into the same lot.



**Figure 4.** The right side (left) and the wrong side (right) of the pattern.

### Abbreviations

<b>CO</b> - cast on	<b>p</b> - purl
<b>RS</b> - right side	<b>MK</b> - make knot (see stitch guide)
<b>sl</b> - slide	<b>st / sts</b> - stitch or stitches
<b>k</b> - knit	<b>tog</b> - together

### References

[Tutorial](#) on two-stranded tubular cast-on for ribbing

[Tutorial](#) on tubular cast off for ribbing

Diagonal knot stitch - The Harmony Guides 450 Knitting Stitches vol 2. 2004.

[Rowan Yarns](#)

Text © Cotton & Cloud 2009

Photographs © Cotton & Cloud 2009

This pattern is for personal use only. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without the prior permission of the copyright owners.

## About Cotton & Cloud

Cotton & Cloud is a small UK-based online business with a big ambition. It is *the* place for knitters and sewers to nurture their creativity with Japanese inspiration.

There are loads of special patterns and kits with many Japanese craft books and fabrics. Part of our profit is donated to charity. Our ultimate goal is for everyone to enjoy making things and help craft a difference!



### Cotton & Cloud

W: [www.cottonandcloud.com](http://www.cottonandcloud.com)

E: [info@cottonandcloud.com](mailto:info@cottonandcloud.com)



Come and join [Cotton & Cloud Flickr photo group](#) to show off your knitting! you can also e-mail me the photos for me to put to our gallery page. If you have any questions please don't hesitate to contact me. Thank you for choosing my pattern!

*Kyoko*



*Crafting a difference...*

